



# North Fayette Township

A Live Well Community

January 2018 / District 3

[www.north-fayette.com](http://www.north-fayette.com)

**Township Offices:** 400 North Branch Road • Oakdale, PA 15071 • 412-788-4888

**Community Center:** 580 Donaldson Road • Oakdale, PA 15071 • 724-307-3725



### Community Center Hours

Monday-Thursday 7:00am - 9:00pm

Friday 7:00am - 7:00pm

Saturday 9:00am - 4:00pm

Sunday 12:00pm - 4:00pm

### 2018 Holiday Sanitation Schedule

Sanitation pick up will be affected **only on the dates listed below**. There will be no pick up on these dates and pickup will be delayed one day for the rest of the week.

- New Year's Day, Monday January 1
- Memorial Day, Monday May 28
- Independence Day, Wednesday July 4
- Labor Day, Monday September 3
- Thanksgiving, Thursday November 22
- Christmas Day, Tuesday December 25

### North Fayette Earns Silver Certification from the Sustainable Pennsylvania Committee

North Fayette Township is proud to announce that we are among a select group of high performing municipalities to become certified through the Sustainable Pennsylvania Community Certification program. We were recognized at the Silver level of certification for meeting the program's rigorous performance criteria which tracks 131 policies and practices that define a sustainable community.

In earning the Silver certification, North Fayette Township is acknowledged for its progress in addressing such areas as community design and land use, energy efficiency, health and wellness, intergovernmental cooperation, recycling and waste reduction, fiscal controls, and internal management and operations.



### Protect Yourself From Accidental Carbon Monoxide Poisoning

Carbon Monoxide (CO) is an odorless and colorless gas found in fumes produced any time you burn fuel in cars or trucks, small engines, stoves, lanterns, grills, fireplaces, gas ranges, or furnaces. CO can build up indoors and poison people and animals who breathe it. Ventilation does not guarantee safety.

The most common symptoms of CO poisoning are headache, dizziness, weakness, upset stomach, vomiting, chest pain, and confusion. CO symptoms are often described as "flu-like." If you breathe in a lot of CO it can make you pass out or kill you. People who are sleeping or drunk can die from CO poisoning before they have symptoms.

A few ways to help prevent CO poisoning are to install a battery operated or battery back-up CO detector in your home, have gas, oil, or coal burning appliances serviced by a qualified technician every year, have your chimney checked or cleaned every year, never use a gas range or oven for heating, never use a generator inside your home, basement, or garage less than 20 feet from any window, door, or vent, and never run your car or truck inside a garage that is attached to a house even with the garage door open.

For more detailed information regarding CO poisoning, symptoms, and poisoning prevention, please visit <https://www.cdc.gov/co/faqs.htm>. Remember, winter can be a prime time for accidental CO poisoning, so please educate yourself on how you can keep yourself and your loved ones safe against this silent and deadly gas.



A Live Well Allegheny Community

## Adult Programs - All programs take place at the Community Center unless otherwise stated

### OPEN GYM

Available to members during non-reserved hours/non-program times.

### FITNESS CENTER & WALKING TRACK

Available to members during open hours

### INSANITY

Tuesdays 6:00pm - 7:00pm

### H.I.I.T. (High Intensity Interval Training) and Cardio Sculpt

Thursdays 6:30pm - 7:30pm

### 20/20/20 FITNESS CLASS

Mondays 6:00pm - 7:00pm

**YOGA** - Sundays 12:15pm

### PICKLE BALL (FREE WITH MEMBERSHIP)

Tuesdays/Thursdays 9:00am - 11:00am  
Fridays 5:00pm - 7:00pm

### BOOT CAMP

Mondays 7:30pm - 8:30pm  
Saturdays 10:00am - 11:00am

### POUND/ZUMBA

Tuesdays 7:00pm - 8:00pm

### ROCK N' ROLL KICKBOXING

Tuesdays 9:15am - 10:05am  
Thursdays 7:30pm - 8:30pm

### PIYO

Wednesdays 6:00pm - 7:00pm  
Fridays 9:00am - 10:00am

### ADULT BASKETBALL LEAGUE

Starts February 19  
Contact [sfox@north-fayette.com](mailto:sfox@north-fayette.com) for details.

### ADULT VOLLEYBALL LEAGUE

Starts February 13  
Contact [sfox@north-fayette.com](mailto:sfox@north-fayette.com) for details.

### WATER WALKING

Donaldson Elementary Pool  
Mondays, Tuesdays, Wednesdays, and Thursdays  
6:00pm - 8:00pm - \$2 per person - must be 18+

### WATER AEROBICS

Donaldson Elementary Pool  
Tuesdays & Thursdays 5:00pm - 6:00pm  
\$2/class or Medical Insurance Card (insurance card holders, please see instructor).  
No swimming ability is required, must be 18 & older

## Activities for our Seniors

**Senior Luncheons** - February 14, 2018 and March 14, 2018 | 12:00pm | North Fayette Township Community Center.

## Community Kids - All Activities Take Place at the Community Center Unless Otherwise Stated

### DEVELOPMENTAL VOLLEYBALL LEAGUE

Wednesdays, October 25 - February 7  
5:30pm - 7:00pm (Ages 9-12)  
7:00pm - 8:30pm (Ages 12-15)

### INDOOR FLAG FOOTBALL LEAGUE

Saturdays, November 18 - March 10  
Ages 6-8, 9-11, & 12-14. Times Vary.

### SUPER KIDS FLOOR HOCKEY

Mondays, January 8 - February 12  
5:30pm & 6:30pm (Ages 3-5)

### YOUTH FLOOR HOCKEY LEAGUE

Sundays, January 7 - March 25  
11:00am & 12:00pm (Ages 6-8)  
1:00pm & 2:00pm (Ages 9-11)  
3:00pm & 4:00pm (Ages 12-14)

### YOUTH INDOOR SOCCER LEAGUE

Thursdays, January 4 - March 22  
5:30pm, 6:30pm, & 7:30pm (Ages 6-8)

### SUPER KIDS BASKETBALL

Wednesdays, February 21 - March 28  
5:30pm & 6:30pm (Ages 3-5)

Register online!  
[www.north-fayette.com](http://www.north-fayette.com)



### Afterschool Activities - Register Now!

Payments are due in Advance.

**Afterschool Program** / Grades K-8  
Mondays, Wednesdays, and Fridays  
August 23, 2017 - May 30, 2018  
3:30pm - 5:30pm

**Afterschool Sports** / Grades K-8  
Tuesdays, January 16 - March 20  
3:30pm - 5:30pm

**Afterschool Hobbies**  
January 18 - March 22

All Afterschool activities take place at the Community Center and are \$10.00/day. Transportation is provided from school to the Community Center only when school is in session.

### Out of School Programs

Full days off school - \$35.00/day  
Half day dismissals - \$20.00/day  
Snow days - \$35.00/day

Please see our website for complete list of dates.

## Contact Us

For more information or to register for any of our programs, please contact the North Fayette Township Recreation Department at 724-307-3725.

Darlene Hildebrand, Recreation Director [dhildebrand@north-fayette.com](mailto:dhildebrand@north-fayette.com)

Steve Fox, Physical Activities Coordinator [sfox@north-fayette.com](mailto:sfox@north-fayette.com)

Nicole Kreutzman, Recreation Pgm. Coordinator [nkreutzman@north-fayette.com](mailto:nkreutzman@north-fayette.com)

Shaun Leslie, Parks Superintendent [sleslie@north-fayette.com](mailto:sleslie@north-fayette.com)



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